



Finally, my brethren, be strong in the Lord and in the power of His might. 11 Put on the whole armor of God that you may be able to stand against the wiles of the devil. 12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age,[b] against spiritual hosts of wickedness in the heavenly places. 13 Therefore take up the whole armor of God that you may be able to withstand in the evil day, and having done all, to stand. 14 Stand therefore, having girded your waist with truth, having put on the breastplate of righteousness, 15 and having shod your feet with the preparation of the gospel of peace; 16 above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God; 18 praying always with all prayer and supplication in the Spirit, being watchful to this end with all perseverance and supplication for all the saints 19and for me, that utterance may be given to me, that I may open my mouth boldly to make known the mystery of the gospel. **Ephesians 6:10-17**

Sample prayer:

Lord I am putting on your full armor of protection, so that I can stand firm against all the attacks of the devil.

Father, help me to remember that I do not wrestle against flesh and blood, but

against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

Lord I put on Your belt of truth that I can stand firm that You are the way the truth and the life. Today, I choose to believe Your truth and who I am as a child of God. Holy Spirit, lead and guide my thoughts and Help me to make wise decisions today based upon Your Word. Help me to speak the truth in love to myself and to others. Let Your truth prevail in all things.

Thank you Father for Your breastplate of righteousness. I put it on and it will protect me throughout the day. I remove any thoughts of self-righteousness that would glorify myself and distract me from the finished work that Jesus did on the cross. Help me to keep my heart clean and pure before you and to use the breastplate of righteousness to resist sin and self indulgence.

Thank You Father for Your good news of peace to me and to the world. I put on Your gospel of peace that I might share it with everyone I come in contact with. May my footsteps be secure, lead and protected today! Prepare me to speak with wisdom about Your love and the blessings you have in store for the upright. Help me to live in peace and walk as a peacemaker.

Father, I thank You that You are my shield of Faith, You are trustworthy in all things and because of this I can trust what I can not see. Your promises give me faith and thou O LORD, art a shield for me; my glory, and the lifter up of mine head. I choose to please You today with all my actions, words and thoughts as I put my hope in You as my Lord, Savior, provider and protector.

Though I don't always see what You have in store and don't always understand what you are doing, I am forever secure in You. Today, I will sow seeds of faith that will result in miracles and blessings.

Thank You Father for saving me from the wages of sin and death. I receive your gift of salvation, deliverance and healing. I have the mind of Christ and I can do all things through Christ who strengthens me. Help me to think pure thoughts and to remember to praise You and glorify You for making me a new creation. Make my mind new and help me not to be ignorant of the plans of the enemy. With the helmet of salvation, I have the mind of Christ and reject the plans of the enemy.

Father, I pick up the sword of the Spirit which is your word. Let no evil come off my tongue to speak death or destruction. Help me to speak only Your words of

truth, life and blessings, so that I may build, encourage and love others and myself.

Thank You father for the weapon of Your Word and Your Spirit. When the enemy comes to steal, kill or destroy me or those I love, quicken Scripture to me so that I can stand and fight the spiritual battle. May my sword, your Word be fully exercised to defeat the enemy today!

Lastly Father Give me Your discernment to know immediately the negative thoughts and lies that the devil sows in my mind. Help me to have only thoughts and words that are from you and give me the eyes of the spirit to see how You see me and the things of the spirit.

I ask all this in Your son's most precious and holy name Yeshua / Jesus Christ, AMEN!!

It is recommended you pray this over your life and your family daily!